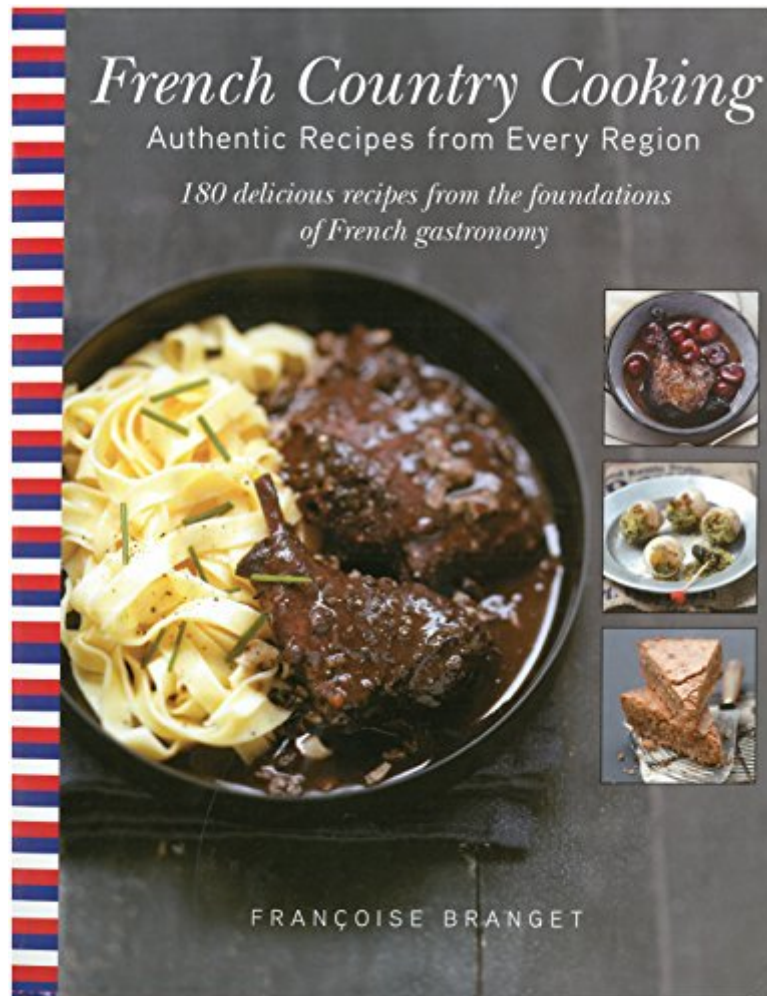




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# French Country Cooking: Authentic Recipes From Every Region



## Synopsis

Here are 180 recipes of traditional French appetizers, entrees, and desserts that members of the French National Assembly, representing the myriad regions of their native country, have decided to share with the world. From a challenging slow-cooked hare recipe that predates the French Revolution to the simplest bread, *The Cuisine of the French Republic* is both wittily political and warmly personal. It comes with fascinating legends of *La France profonde*, historical information, and a great deal of Gallic charm. None of the recipes are chic, trendy, minimalist, or Nouvelle Cuisine. Here is the real thing. The diversity and originality of these recipes are representative of France's rich culinary heritage. *The Cuisine of the French Republic* offers a unique chance of entering *La France profonde* that no, or few tourists ever penetrate. This comprehensive cultural and gastronomic insider view into private kitchens, farms, replete with ancestral recipes passed on through generations will enchant the armchair traveler as well as inspire to visit the many different regions of France—a country so rich, with many cuisines. “Cooking is our soul,” Branget says, “but political life, politics intrude. These recipes are testimony to our small pleasures, our contribution to history.”

## Book Information

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## Customer Reviews

This is such a great cookbook and one which I almost did not get! I have hundreds of cookbooks and many, many French cookbooks and so I have to be very judicious about which ones I add to my collection. (Shelves are overrun, stacks on the floor and no more room!) But this one is a definite keeper. I made Mamelie's bread pudding recipe from the Cher and it was very simple, different from the American and English bread pudding recipes I have used, yet delicious. The photographs are beautiful and the recipes seem very authentic and not too fussy. I hope I can find Vin Jaune to make the chicken recipe.

A large collection of recipes from the regions of France - many using unusual ingredients. Not the usual simplified French cooking offered many other places. And if you don't have rabbit handy, substitute chicken. I will not get tired of using this cookbook in my exploration of regional French cooking. Includes many provincial recipes that don't require a high degree of skill and are easily adaptable by American cooks just looking to add some sophistication to their family and party menus. Many interesting recipes for baked goods as well without the fussiness of traditional French pastries.

I particularly like this book because it divides the country into small regions and offers recipes not often found. I live in the Loire Valley and was pleased to see many recipes from this area, a region of France often ignored when it comes to recipes.

I usually don't buy cookbooks as can get a lot good recipes online. I found this book in a bookstore and love the fact that it covers all different regions of French country cooking. The photos are very helpful for how it ought to look at the finishing. 's price for this cookbook is so much better than to get it from the store. Thank you !

Very interesting cookbook as it is broken down by various areas of France. Good recipes. Now that I have Kindle Cloud on my desk top, I can buy all these cookbooks, look at the recipes and pictures on a 'big screen' and print out the ones I want to try. Very happy with my purchase.

aside from availability of ingredients, it is fabulous. And many csn be found on line.

This is an absolutely GREAT cookbook--with an unfortunately narrowly limited market--on traditional, provincial, French cuisine, entirely apart from the nouvelle fads and fashions. The idea is to ask "gourmand" regional representatives in the French National Assembly to suggest representative traditional recipes from their regions; the result is a nationwide portrait of cuisines from "la France profonde". If traditional French cuisine is your interest, this is a "must have" book. One of its lessons is how "slow food" actually worked--some of the family specialities involve a full week's preparation for the Sunday family feast. Traditional ingredients can be a challenge, but artisanal "foodie" producers are facilitating access. A number of items are extremely simple and down-to-earth. But this is a great idea for a series--we may imagine Italian, German, and Spanish themes, but American? Food and cooking are nonpartisan, and for community-organizers and -builders this might be an interesting project, and challenge.

Wonderful recipe book with easy recipes to understand and read

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